

Nova Scotia Resources

Community Organizations

[The Youth Project](#)

The Youth Project is a non-profit charitable organization dedicated to providing support and services to youth, 25 and under, around issues of sexual orientation and gender identity. They have a provincial mandate and host staff/volunteers in the HRM, Cape Breton, the Valley, and the South Shore and travel around the province to meet with youth in other communities. They provide a variety of programs and services including support groups, referrals, supportive counselling, a resource library, educational workshops, social activities.

[Ally Centre of Cape Breton](#)

The Ally Centre of Cape Breton is a non-profit organization whose purpose is to prevent the spread of blood borne pathogens in the community and to create a supportive environment for those infected and/or affected by blood borne pathogens. In pursuit of this, the Ally Centre uses a community development approach in providing education, support and advocacy on blood borne pathogens and related issues for the people of Cape Breton Island. Services include anonymous STBBI testing, naloxone training, primary health care, sex worker support space, and LGBTQ+ resource and support program.

[Nova Scotia Rainbow Action Project](#)

The Nova Scotia Rainbow Action Project (NSRAP) seeks equity, justice, and human rights for 2SLGBTQIA+ people in Nova Scotia. NSRAP seeks to create change in communities and society at large so that all 2SLGBTQIA+ people are included, valued, and celebrated. They aim to achieve this through building community and developing strong networks outside of the community in addition to public outreach, education, and political action.

[South House - Gender Justice Centre/Resource Centre](#)

The South House is a student-funded, volunteer-driven resource centre that seeks to address and advocate for anti-oppression issues within a feminist framework. The South House consciously recognizes that struggles against all forms of oppression are feminist issues. They are first and foremost a resource centre which provides resources and support for students, faculty, staff, and community members on such issues. South House aims to provide resources and referrals to the University and broader Halifax community, as well as a safe space for people to organize. It also offers free meeting space to anti-oppression groups at the discretion of the Board. We also offer a wide range of workshops and educational programs, available upon request.

[AIDS Coalition of NS](#)

AIDS Coalition of NS strives to create an environment in which people living with and affected by HIV/AIDS feel empowered and supported. Their aim is to end stigma and discrimination, and reduce new cases of HIV.

[Rainbow Refugee Association of Nova Scotia](#)

The Rainbow Refugee Association of Nova Scotia (RRANS) is a grassroots, registered non-profit society, established in 2011, to advocate, support, and privately sponsor LGBTQI refugees seeking to resettle in Nova Scotia.

Education

[Pride Education Network](#)

A small group of committed educators who have been responsible for the initiative, development, implementation, and advocacy of numerous resources, workshops, policies and actions in British Columbia. Operates as a facilitator of information for educators, students, and parents and provides some funds for GSAs in schools and scholarships for graduating student leaders.

[Wayves](#)

Wayves is an independent publication, published by a non-profit collective. It exists to inform LGBTQ+ people in Atlantic Canada of the activities in their communities, and to promote those activities and support their aims and objectives.

[The Halifax Libraries: LGBTQ+ Health, The Library Guide](#)

Halifax Public Libraries, Nova Scotia Health Authority (NSHA) Library Services, and Dalhousie University Libraries—with input from those we aim to serve—collaborated in researching and selecting these resources for the 2SLGBTQIA+ community, healthcare providers, researchers, and policy makers. This is a living and responsive resource that is frequently updated to serve and reflect you and your needs.

[Guidelines for Supporting Transgender and Gender non-conforming Students](#)

The Department of Education and Early Childhood Development has developed best practice guidelines to ensure that transgender and gender-nonconforming students have equitable access to all aspects of school life (academic, extracurricular, and social) in ways that preserve and protect their dignity. This document is intended to support schools and school boards in fulfilling our shared obligation to promote the dignity, respect, and equity of transgender and gender-nonconforming students.

[Glitter Bean Cafe](#)

Glitter Bean Cafe started as an alternative to having to work in an unfair environment. Workers who lost their jobs banded together and formed a worker owned co-op that to breathe life back into the much loved, cozy cafe. They remain unionized with SEIU 2, a victory won by cafe workers in 2013. They are working to create a community space that will provide a safer space for queer, two-spirit, and trans people in K'jipuktuk (Halifax)

[Outlaw Country Tattoo](#)

Outlaw Country is a proudly queer owned and queer staffed tattoo shop in K'jipuktuk (Halifax, Nova Scotia), aiming to create safer spaces for 2SLGBTQ+ artists and clients. They aim to provide a safe and relaxed environment for all our clients, all bodies, and all skin tones.

Venus Envy

Venus Envy is an education-oriented sex shop and bookstore with something for everyone. Anyone who's turned off by traditional sex shops will find them a welcoming and informative place to get cool and sexy stuff. They believe their customers deserve quality products and good information, and that sex should be dirty in a good way, not a shameful one.

Queer Spirit Church

The Queer Spirit Church runs the first Wednesday of every month at 6:30 pm. They hope to create a safe and open community for people to worship, learn, and grow in their faith journey.

Healing Our Nations

Healing Our Nations aims to teach and support their people in the prevention of HIV/AIDS and related issues such as; healthy sexuality, sexually transmitted infections, hepatitis ABC, and co-infections, in a manner that is respectful to Aboriginal ways of life. They provide various community supports and educational workshops.

BIPOC Women's Health Network

The mission of the BIPOC Women's Health Network is to provide culturally competent, anti-oppressive, and feminist health care resources for health care providers, medical students, and racialized women in local Canadian communities.

Halifax Community Fridge

A Queer-run & anonymous group providing free food in Kijipuktuk. The Community Fridge is open daily, enabling residents and businesses to share surplus food and for anyone to help themselves to what they need.

Shelter Nova Scotia – Barry House

Barry House is a 17-bed emergency shelter that provides shelter services to help with housing and health needs for women, trans individuals, and gender nonconforming individuals and their dependent children who are experiencing homelessness.

Support Communities

Unintoxicated Queers

Unintoxicated Queers is a queer harm reduction community that welcomes 2SLGBTQIA+ folks to explore the continuum of support for substance use and addictive behaviours. They work to meet people where they are at, without judgment: practicing respect; encouraging diversity; offering and welcoming learning; supporting individual choice, and promoting their community's health.

East Coast Rainbow Softball Association

The East Coast Rainbow Softball Association (ECRSA) is a community organization with a focus on inclusion and community engagement in the sport of softball.

Elderberries Social group

Elderberries is a social group for LGBTs aged 50+. Elderberries meet monthly, usually on Sunday, in a wheelchair-accessible location. They provide social, educational, and recreational programming for their members.

ClassicalQueer

ClassicalQueer is a space for Queer+ classical musicians to tell their stories in their own words. It is a living record and archive of the artists, instrumentalists, performers, administrators, composers, writers, and conductors who—because of, rather than in spite of our global networks, diversities, and shared adversities—have something unique to say.

Halifax Mussels Hockey

HALIFAX MUSSELS is the first beginner to intermediate 2SLGBTQ+ and Allies hockey team in Halifax, Nova Scotia.

Trans Family Nova Scotia

Trans Family Nova Scotia is a peer-support organization that welcomes trans* identified, gender queer and questioning people along with their parents, partners and other family members as well as trans* allies in general. This Facebook forum was created as a space to help make connections with other trans* identified or gender queer individuals, their allies and families.

Halifax Pride's Trans & Non-Binary Group

This is closed space for those who identify as trans and/or non-binary. You do not have to be a member/volunteer with Halifax Pride to be a part of this page. This page is created as a way of sharing relevant information and connections within the trans and non-binary community.

F.L.Y.

F.L.Y. stands for "First Love Yourself" in recognition of the struggle that many trans people have with internalized transphobia. This group uses peer support to help trans and gender questioning people become who they truly are. They offer peer support to people in Nova Scotia who are transgender, non-binary, gender fluid, gender queer, bi-gender, two spirited, gender questioning and are 19 or over. As well as their partners and loved ones.

Queer Arabs Halifax

A safe space and social group for queer and trans (LGBTQ+) Arabs and Middle Eastern folks in K'jipuktuk (Halifax, NS) to hang out, support each other, and be themselves.

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[Wabanaki Two-Spirit Alliance](#)

The Wabanaki Two-Spirit Alliance is a group of volunteers, researchers, academics, knowledge holders, youth, and Elders Wabanaki Two-Spirits and Allies who represent the emotional, spiritual, mental and physical well-being and interests of Two Spirits and Indigenous LGBTQ+ individuals and groups in Wabanaki Territory (Nova Scotia, New Brunswick, Prince Edward Island, Newfoundland/Labrador, Gaspé region of Quebec, and Maine (northern areas in Passamaquoddy and Penobscot Tribal territories) based on our beliefs and values in the framework within the Peace and Friendship Treaty.

[DalOUT](#)

DalOUT is Dalhousie's LGBTQIA2S+ society, providing workshops, events, resources, literature, and a safe space for queer students on campus.

[KingsPRIDE](#)

King's P.R.I.D.E. (People Recognizing Individual Diversity and Equity) Society provides a safe, positive environment for people of all orientations and gender identities, for the 2SLGBTQ+ community through activism and advocacy.

[TransAction Society of Nova Scotia](#)

The TransAction Society of Nova Scotia is a non-profit society dedicated to activism and awareness of issues facing transgender Nova Scotians, and frequently engages in fundraising to offset the cost of everyday items for trans people in need in Nova Scotia. TransAction's services are open to people of any age in Nova Scotia.

[Halifax Rainbow Encyclopedia](#)

The goal of the Halifax Rainbow Encyclopedia is to have a page for every person, place, thing and event of relevance to the Q community in Halifax, ever. As of January, 2022 we have over six hundred thousand words in two thousand finished pages, works-in-progress, or article stubs, and about thirty five hundred images and several dozen hours of audio and video recordings.

[Healthcare](#)

[Halifax Sexual Health Centre](#)

The mission of Halifax Sexual Health Centre is to improve and optimize the sexual health of all members of our community, by providing high quality and caring services, and empowering clients to make healthy choices. The HSHC can help with referrals (hormone readiness, surgical readiness), gender affirming hormones (letter of hormone readiness needed), MSI referral for surgery approval, help with arranging surgery with Montreal (once it is MSI approved), post operative care, emotional support, and general sexual and reproductive health care.

[Sexual Health Nova Scotia](#)

Sexual Health Nova Scotia is the representative body of community-based sexual health centres located in Nova Scotia. Each of which is comprised of a diverse group of community volunteers and staff who exist to positively impact the sexual and reproductive health of all Nova Scotians. The site provides a list of centres across Nova Scotia.

[South Shore Sexual Health \(Lunenburg\)](#)

South Shore Sexual Health is a sex positive resource centre that offers services, support, and supplies. They are pro-choice, youth-friendly, and 2SLGBTQ* positive. They believe that everyone should have access to quality, non-judgemental sexual education and resources, and provide a variety of materials and educational services as well as free or low-cost condoms (internal and external), and pregnancy tests.

[Pride Health](#)

Pride Health works to improve access to health services which are safe, coordinated, comprehensive, and culturally appropriate for 2SLGBTQIA+ communities. The Pride Health navigator works with individuals and groups to help members of the 2SLGBTQIA+ community connect with services within the health system, such as STIBBI (sexually transmitted and blood borne infections) testing, services related to gender transition, and resources in the community such as peer supports, social groups, and advocacy.

[Boyd's Pharmasave \(Halifax\)](#)

Pharmasave is a locally owned and operated community pharmacy that supports local businesses, strives to improve 2SLGBTQ+ wellness, and fosters togetherness among all members of their community.

[Northern Healthy Connections Society](#)

Northern Healthy Connections Society (NHCS) is a community-based, non-profit organization in Truro, Nova Scotia. NHCS began as a resource centre for people living with HIV/AIDS in Northern Nova Scotia. Now in 2020, it provides a multitude of Harm Reduction services such as: Needle Distribution and Disposal fixed site, Mobile Outreach, Community programs like the Photovoice Project, and a vast library of resources related to substance use, safer sex., Diversity and 2SLGBTQ+ support, Overdose prevention, and local treatment programs.

[Avalon Sexual Assault Centre](#)

The Avalon Sexual Assault Centre provides access to SANEs (Sexual Assault Nurse Examiners), low-cost group programming, trauma information, information for non-offending parents, free individual counselling, workshops for survivors, legal support and advocacy. Avalon's counselling services are only offered to cis women over 16 years of age (except the SANE program, which treats people of all genders and all ages).

[Children and Youth](#)

[Youth of Pictou County](#)

Youth of Pictou County is a group for youth ages 11-18 residing in Pictou County, NS. They run FREE events that are fun, inclusive and educational! Programming includes physical activity, games, clothing swaps, and crafts. Queer and trans safe space.

[Rainbow Rec Pictou County](#)

Rainbow recreation is a group for 2SLGBTQ+ youth ages 13-18 created to provide a positive and inclusive space for fun events.

Valley Youth Project

The Valley Youth Project (VYP) is an Annapolis Valley-based non-profit organization run by local adult volunteers, who are all members of the 2SLGBTQ+ community. They facilitate twice-monthly drop-ins, with time for discussion and activities, and provide workshops for youth and adults.